

Homily for Feast of Most Holy Trinity – May 27, 2018

Well how many times have you blessed yourself Father...Son....Spirit. But what does it mean, how can we experience the Blessed Trinity? Listen to these words, and see the presence of the Father in your life:

Tell me what you've seen of life, of goodness, of wonder.
Tell me about the most beautiful sunrise you've ever seen,
the most beautiful flower you've ever touched,
the most delicious berry you've ever tasted,
the most magnificent animal of the forest, sky or sea.
Tell me about the mysteries of the atom and the cosmos.
Tell me about the possibilities of science and medicine.
And I will tell you about the Father.

Okay but where do we experience the Son in the Blessed Trinity. Listen again:

Tell me what you know about right and wrong,
about love, compassion and mercy,
about peace justice and integrity.
Tell me what you believe,
what you value and treasure most in your heart,
Tell me about your hopes in the midst of despair,
about your ability to forgive and be forgiven.
Tell me what you seek on your journey through this life.
Tell me about the crosses you have had to bear
and the strength and grace you 've had to bear them.
Tell me about the agonies of your Good Fridays
and the miracles of your Easter Sunday.
And I will tell you about the Son.

Okay but where do we experience the Holy Spirit in the Trinity? Listen:

Tell me what you really feel passionate about
Tell me about those you most love-
love in the deepest most secret part of your heart.
Tell me what you are willing to die for
and what you are hoping to live for.
And I will tell you about the Spirit.

In the name of the Father, Son and Holy Spirit.